

Welcome to Germany

Many private persons, volunteers and aid organisations offer you help.

Unfortunately, there are also people who take advantage of the emergency and may want to put you in exploitative situations.

Be vigilant!

- Never give your passport and mobile phone to other people for safekeeping
- Inform your families or friends where you are going or staying
- Be sceptical if you are offered work as soon as you arrive
- Leave your accommodation or home if you do not feel safe there
- Be sceptical if you are asked for money or pressured to do something you do not want to do
- Remember: Counselling and help about residency or social matters are free of charge in Germany

In the event of acute danger or suspicion, contact the police and dial 110!

If you have the feeling that someone wants to exploit your emergency situation, you can contact free of charge the following counselling centres in hesse:

FIM – Frauenrecht ist Menschenrecht e.V. (hesse) +49 (0)69 97 0 97 97 0

FRANKA (north hesse)

+49 (0)151 62 81 53 35

For counselling centres in other regions of Germany consult:



<https://www.kok-gegen-menschenhandel.de/der-kok/fachberatungsstellensuche>



V.i.S.d.P: German NGO Network against Trafficking in Human Beings – KOK e.V.